



APSEA at a Glance

October 2021

Join Team APSEA for a Run for a Safe Haven: 10/23

My Sister's House Run/Walk for a Safe Haven 2021 is scheduled for Saturday, October 23, 2021 this year. Register for the event as part of "APSEA Team" to show your support for an organization working towards ending domestic violence in our community.

To register for the event, visit the [REGISTRATION PAGE](#) and follow the steps below:

1. Create an account on Race Roster or sign in if you already have an account
2. Click on "Register"
3. Decide if you want to join the event In-Person or Virtually
4. Select the "5K Team Member" option in order to have the option to join the

APSEA Team

5. Fill out the form with your information
6. If you selected "5K Team Member", select APSEA Team
7. Finish and complete the rest of the application
8. For each adult member, the cost to register using the 5K Team Member option is \$30 and includes a t-shirt. The cost to register as a virtual participant is \$35. There is also an optional cost of \$7 to have your Race Packet shipped to your house.

APSEA members participating in-person are invited to join APSEA Board Members for a bite to eat after the event; details to be discussed the morning of.

Want to see the APSEA Board in Action?

Send an email to APSEA.RecSec@gmail.com to receive the Zoom link to attend the general membership portion of the APSEA Board Meeting at 6 p.m. on the first Thursday of the month.